

mothering yourself

Join us for a discussion about nurturing oneself,
breast wellness & soak in the sounds of a crystal sound bath

MAY 4TH

7-9PM

GARUBO SALON

TICKETS: \$60

[GARUBOSALON.COM/EVENTS](https://garubosalon.com/events)
TO PURCHASE TICKETS



We all spend so much time caring and nurturing for others, how can we create more intention and protect space for ourselves?

Join Tara & Lisa, founders of Complex Creatures, for a discussion regarding nurturing oneself, breast health & body awareness. Their Deep Reservoir Breast Oil: A potent, highly concentrated oil formulated to encourage optimal breast health and awareness is included with the cost of the ticket.

Post discussion, soak in the sounds of a crystal sound bath lead by Janine Garubo Austin. Leave feeling grounded, lifted and mothered.

COMPLEX
CREATURES



G A R U B O